

Denture Care

- Follow infection control procedures
- Wear appropriate protective equipment, especially gloves

- Place a towel under the client's chin
- Rinse their mouth with mouthwash and spit the solution into a basin
- Remove dentures and put them in a suitable receptacle
 - loosen the top denture with a gentle rocking motion, this breaks the seal
 - put it into an appropriate receptacle
 - repeat this with the lower denture
- Rinse their mouth with mouthwash and spit the solution into a basin
- Maybe, you will have to clean their mouth with a swab moistened in the mouthwash - make sure their tongue and gums are clean
- Take the dentures to a suitable sink, then moisten a toothbrush and apply some toothpaste
- Part fill the sink with water.
- Holding the denture just above the water clean it thoroughly with the toothbrush.
- Do the same with the other denture
- Rinse them thoroughly with cold water
- Put the dentures back into the receptacle and take them back to the client
- Before replacing them, check - is the mouth in good condition, no bleeding, cores etc.?
- If necessary, apply denture adhesive before replacing the dentures.
- Where the dentures are to be left out, put them in an appropriate receptacle half filled with water. Label them and put them away somewhere safe.

