

Applying Eye Ointment

- Infection control procedures apply
- Wear suitable protective equipment, especially gloves
- Ensure absolute privacy and dignity for the client

- Check - is that the right ointment for that person?
- Check - both eyes or just one, which one?
- Remove cap
- The person sits upright
- Tilt the head slightly back, make sure they are comfortable
- Using moist cotton balls, clean the eyelid
- Using your thumb and forefinger, gently separate the eyelids
- Gently squeeze the prescribed ointment into the eye following manufacturer's instructions, forming a ribbon just inside the margin of the eyelid
- Make sure you do not touch any part of the eye with the ointment tube
- The person closes their eye so you can wipe away any excess ointment with paper tissue
- Replace the cap
- They open their eyes
- If, at any time, the client is uncomfortable, stop before starting again

