

## First Aid Box Checklist

The first aid box/es should always contain:

- A guidance card on emergency first aid
- 20 individually wrapped sterile adhesive dressing of different sizes
- 2 sterile eye pads
- 4 individually wrapped sterile triangular bandages
- 6 safety pins
- 6 medium size individually wrapped wound dressings
- 2 large size individually wrapped wound dressings
- one pair of disposable gloves

