

Fitting a Draw Sheet

- Follow infection control procedures
- Wear appropriate protective equipment

- Ensure the bed is about knee height
- This allows you to protect your back
- Kneel/crouch at the side of the bed when removing or replacing bed coverings etc. to keep your spine in its natural S-shape
- Remove bed linen, pillowcase etc. by rolling them into a ball with the surface that has been in contact with the client inside the ball
- Do not put linen directly on the floor
- Soiled linen into red bag/s
- Is the mattress clean, if not, clean/replace it

- Draw sheets can assist moving a client in the bed and/or be used in association with incontinence aids

- Fitting a draw sheet:
 - Place the sheet centred from top to bottom along the top to bottom centre line of the bed (this will make it fit evenly)
 - Let the sheet hang over the mattress evenly on both sides
 - Tuck the draw sheet, one side at a time, underneath the mattress
 - Make sure it is tight so it does not slip about and there are no wrinkles

