

Incontinence Pad Fitting

(general guidance - always follow specific manufacturer's instructions)

- Infection control procedures apply
- Wear suitable protective equipment, especially gloves
- Ensure absolute privacy and dignity

- Have the clean pad ready (unwrapped) before you start
- Place a waterproof protector on the bed, under the client, to protect bed linen
- With the client on their back, remove their clothing below their waist
- Remove the used pad which goes into the clinical waste - (this may involve rolling them onto their side and back or bridging methods)
- Change your gloves
- Clean the person using the correct methods (see perineal care)
- Check - is their skin in good condition, are there any problems/potential problems?
- Change your gloves
- Assist the client onto their side
- "fan fold" the half of the pad nearest to the person and place it on the bed next to their buttocks
- The person lies back on to the pad
- Feed the folded half of the pad underneath them which may involve rolling the client or part rolling the client to gain access under their buttock
- Open the sealing tabs on each side of the pad
- Fit the pad between their legs, make sure the client is comfortable
- Fit the sides of the pad around them, make sure the client is comfortable
- Encourage and/or assist the client to put their clothing back on

- Notes:
 - pads vary, there are several adaptations to this technique, follow manufacturer's instructions
 - you must know how to turn a client properly and/or use bridging techniques, your handling training should cover this