

Stoma Care

- Infection control procedures apply
- Wear suitable protective equipment, especially gloves
- Ensure the person's privacy and dignity

- Stoma bags vary, follow manufacturer's instructions

- Assuming the bag can be emptied first, the following applies
- Empty the bag appropriately and dispose of waste according to your procedures
- With one hand, hold the stoma in place using the other hand to carefully remove the adhesive tape that holds it in place
- Using warm water, soap and damp cotton balls, clean the area
- Rinse and dry thoroughly with paper towels
- All cleaning items into clinical waste
- Check - is the skin in good condition?
- Change gloves
- Using the stoma template, cut a hole into the new flange/bag
- Carefully, place the new flange/bag over the stoma making sure it is a firm fit
- Make sure the bag fits properly
- Ensure the client is comfortable
- Have the client wash their hands
- Waste material should be disposed of according to safe practice

