

Using a Bedpan

- Infection control procedures apply
- Wear suitable protective equipment, especially gloves
- Ensure the person's privacy and dignity

- The bedpan is ready by the side of the bed, covered for discretion
- The client bridges:
 - they lie on their back
 - arms by their sides
 - raise their knees
 - they push up to arch their back making a bridge
- Place the bedpan underneath them
 - wide rim under their buttocks
 - narrow area under the legs
 - if there is a handle, this goes between their legs
 - females, legs slightly apart
 - males, penis over the pan
- They can then settle down onto the pan
- Drape the client to maintain their dignity
- According to the client's needs and wishes:
 - stay with them until finished
 - ensure access to the call bell to summon you when finished
- Having finished, bridge them to remove the pan
- Cover it immediately
- Clean and dry the person using the correct method
- They wash their hands
- Make sure they are comfortable
- Dispose of the contents discreetly and properly
- Have the pan properly cleaned, automatic sluice/pan washer

