

## Blood Sugar Monitoring

- Follow infection control procedures
- Wear appropriate protective equipment
  
- Ensure equipment is within easy reach:
  - pricking device / lancet
  - swab
  - testing strips
  - glucose meter
- Have the client sitting comfortably
- Ensure their hands are clean and dry
- Use new finger pricking devices for each test
- Prepare the glucose meter and testing strips according to manufacturer's instructions
- Prick the side of the client's fingertip on either their index or little finger
- Obtain a drop of blood to fall onto the testing strip
- Stem the bleeding finger by applying the swab firmly
- Follow manufacturer's instructions for presenting the testing strip to the glucose meter
- Act appropriately on the meter reading provided by the glucose meter
- Make the client comfortable and monitor that the prick has stopped bleeding
- Dispose of sharps in the sharps bin
- Clean and put equipment away as per manufacturer's instruction

