

Changing a Dressing

- Infection control procedures apply
- Is this a sterile procedure? You must check and work accordingly
- Wear suitable protective equipment, especially gloves
- Ensure absolute privacy and dignity for the client

- Make a clean (sterile?) field as appropriate
- Open the clean dressing pack and change gloves
- Remove adhesive from existing dressing, be careful not to disturb the wound
- Remove dressing and dispose of it in clinical waste
- Clean wound, as appropriate
- Gloves into clinical waste, clean gloves on before touching clean dressing
- Apply any medical preparation to wound, as prescribed
- Apply dressing, follow instructions
- Apply adhesive to secure dressing
- Remove gloves and into clinical waste

