

## Applying Ear Drops

- Infection control procedures apply
- Wear suitable protective equipment, especially gloves
- Ensure absolute privacy and dignity for the client
  
- Check - is this the right drop for that person?
- Check - both ears or one ear, which one?
- The person turns their head so the ear to be cares for faces upwards
- Put the ear medication into warm water, it has to be body temperature
- Clean the outer area of the area with cotton swabs - do not put them inside the ear canal
- Remove cap from the drop container
- Hold the ear lobe and gently move it so as to improve access to the ear canal
- Apply the prescribed dose of ear drop to the ear canal
- Replace cap to the drop container
- Using a small ball of cotton wool, block the ear canal so the medication can not escape
- Following manufacturer's instructions, the client holds their head with their ear facing upwards for as long as prescribed
- Remove the cotton wool ball, into clinical waste

