

Applying a Penile Sheath

- Infection control procedures apply
- Wear suitable protective equipment, especially gloves
- Ensure the person's privacy and dignity

- It may be necessary to shave any hair at the base of the penis if the hair is likely to prevent adhesive tape from sticking
- Help the client into a supine (lying face upwards) position
- Encourage and/or assist the client to put his penis onto a soft cloth or towel
- If he is not circumcised, the foreskin must be rolled back
- Using warm water and cotton balls, wash the tip and end of the penis
- Then wash down the penis working towards the groin
- Rinse and dry thoroughly
- The foreskin is returned to its normal position
- With your left hand (right hand if you are left handed) hold the penis gently, yet firmly, and with your right hand (left hand) hold the rolled sheath at the tip of the penis gradually rolling it down the penis
- Following the sheath manufacturer's instructions, secure the sheath with adhesive tape to the penis - be careful it is not too tight
- Attach the drainage tube and follow manufacturer's instruction regarding drainage procedure

