

Fitting Protective Aprons

(Disposable aprons)

- Infection control procedures apply
- You must not contaminate aprons or you defeat their purpose
- Do not store disposable aprons where they might become dirty or dusty etc.

- Wash and dry your hands properly
- Carefully avoiding your hair, clothes etc. pull the apron down over your head
- Do not tie the apron too tightly otherwise it will ruck up at the waist and not work effectively, allow some slack
- If you are wearing gloves as well, now is the time to put them on properly

- To take the apron off, hold it tightly at the top and sides and with a sharp pull, remove it by breaking the neckband and the ties at the waist
- Fold the apron in on itself being careful not to touch your clothes etc. whilst doing this to prevent cross contamination
- The apron goes into the clinical waste immediately
- If you are wearing gloves, now is the time to remove them properly
- Wash and dry your hands

