

Putting on Protective Gloves

(non sterile)

- Infection control procedures apply
- You must not contaminate gloves or you defeat their purpose
- Gloves are not a replacement for hand washing, they are compliment it
- Do not store gloves where they might become dirty or dusty etc.

- Always use the right size gloves
- Be mindful to allergies, take preventative action
- Wash, dry and moisturise your hands before putting on gloves
- Hold the glove at the open end and wriggle your hand in
- Try to avoid touching the glove anywhere apart from the edge of the open end
- To remove gloves without cross contaminating:
 - with one gloved hand, hold the other glove near the open end
 - pull/peel the glove off by turning it inside out
 - slip the fingers of the now ungloved hand inside the remaining glove
 - pull/peel it off by turning it inside out
 - as you remove each glove, straight into the clinical waste
- Assuming the bag can be emptied first, the following applies
- Empty the bag appropriately and dispose of waste according to your procedures
- With one hand, hold the stoma in place using the other hand to carefully remove the adhesive tape that holds it in place
- Using warm water, soap and damp cotton balls, clean the area
- Rinse and dry thoroughly with paper towels
- All cleaning items into clinical waste
- Check - is the skin in good condition?
- Change gloves
- Using the stoma template, cut a hole into the new flange/bag
- Carefully, place the new flange/bag over the stoma making sure it is a firm fit
- Make sure the bag fits properly
- Ensure the client is comfortable
- Have the client wash their hands
- Waste material should be disposed of according to safe practice