

## Shaving Technique

(Wet Shave)

- Follow infection control procedures
- Do not share razors/blades between clients
- Wear appropriate protective equipment, especially gloves
  
- Make sure the client is comfortable
- Place a towel across their chest
- Wet the face with warm to hot water and then apply shaving foam, soap etc.
- Start from the top of the face and work down towards the neck
- Hold the razor in your right hand (left hand if you are left handed) and shave in the direction of the hair growth
- Shave using long positive strokes whilst being careful and gentle
- Use your other hand to “stretch” the skin where you are shaving
- After each stroke, thoroughly rinse the razor
- When the neck and face are shaved, rinse with clean fresh cool water
- Dry the face by patting with a clean towel, do not rub the skin
- Apply after shave etc. if this is the client’s preference
- Show the client their shaved face in a mirror and make sure they are happy with the shave
- Clean the sink
- Dispose of the razor/blade in the sharps bin
- When the under the client’s leg
- Raise the part of the leg to be shaved and wash it with warm water
- Apply some lather - soap, shaving foam etc. to lubricate the area to be shaved

