

Shaving Underarms

- Follow infection control procedures
- Wear appropriate protective equipment, especially gloves

- Place a towel under the client's shoulder
- Raise their arm and wash it with warm water
- Apply some lather - soap, shaving foam etc. to lubricate the area to be shaved
- Moving the razor downwards from the arm to chest, carefully shave
- Rinse the area
- Dab it gently with a clean towel to dry the area
- Repeat under the other arm

