

## **Support Stocking Fitting**

- Infection control procedures apply
- Wear suitable protective equipment, especially gloves
- Ensure absolute privacy and dignity
- Start with the client's leg/legs bare
- Make sure the leg/s and feet are clean
- Check - is the skin in good condition?
- Make sure you have the right size stocking/s ready before you start
- From the top of the stocking (open end) roll it inside out as far as the toe
- Place the toe end of the stocking comfortably around the client's toes - check, is the client comfortable?
- Carefully and gently, roll the stocking over their foot and up past the heel - check, is the client comfortable?
- Making sure you do not wrinkle or twist the stocking, carefully and gently roll the stocking up along their calf as high as it will go - check, client comfortable?
- At least once every hour, check - are the stockings comfortable, they have not wrinkled etc.
- According to manufacturer's instructions and medical guidance, the stocking/s should be removed for a while every 24 hours

