

Abnormal Body Waste

Abnormal body waste can indicate health problems, for example:

- Small hard faeces
 - could indicate constipation
- Pale yellow faeces
 - suggest the need to call the doctor
- Runny faeces
 - suggest diarrhoea
- Blood in faeces or urine
 - require the doctor to visit
- Cloudy and/or unpleasant smelling urine
 - suggest possible infection which needs a doctor
- Dark, heavy looking urine
 - could imply fluid intake problems, call the doctor

