



Mulberry House

MOVING AND HANDLING PRACTICAL



Product Syllabus:

- Safe handling access
- Commands and instructions
- Team handling
- Eye contact
- Bed heights
- Using body weight and balance (ergonomic handling)
- Turning someone in bed (various methods)
- Sitting someone up in bed (various methods)
- Profile beds
- Moving up the bed (various methods)
- Using slide sheets
- Sitting to the edge of a bed
- Preparing people to stand
- Standing up (various methods)
- Correct sitting position
- Sitting down (various methods)
- Slide boards
- Sitting to sitting transfers
- "Clever" techniques and tips!
- Wheelchair moves
- Wheelchair safety
- Wheelchairs and vehicles
- Walking
- Walking sticks and frames
- Falling
- Assisted falls
- Helping people up from the floor
- Repositioning people in chairs
- Hoists and slings
- Fitting slings
- Hoist lifts
- Hoist transfers
- Hoist myths and misunderstandings addressed
- 9 dangerous techniques analysed
- Dangerous methods v. safe techniques
- Handling aids

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